

# Lake County Mental Health Advisory Board

## 2023-2024 Goals and Objectives

(Draft 1 – 1/29/2023)

### General Objectives

#### A. Fulfill the Mandated Responsibilities and Core Purposes of the Mental Health Advisory Board

1. Review and evaluate the community's mental health needs, services, facilities, and special problems [5604.2 (a)(1)] Welfare & Institutions Code (WIC)
2. Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council (CMHPC) [5604.2 (a)(7)] WIC
3. Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process [5604.2 (a)(4)] WIC
4. Review any county agreement entered into pursuant to Section 5650 of the Welfare & Institutions Code (WIC)

#### B. Achieve and maintain an active, involved, and consistent Mental Health Advisory Board

1. Achieve and Maintain full MHAB membership that reflects the diversity of the populations served.
2. Maintain a high attendance and participation at all LCMHAB meetings, including all committees and/or workgroups.
3. Maintain representation on appropriate local, regional, and state boards, committees, councils, etc., and regular reporting of these proceedings to LCMHAB (for example: CALBHBC, QIC, MHSOAC, CBHPC etc).
4. Complete 100% of scheduled site visits
5. Create comprehensive documentation, files and processes for all of the MHAB policies and procedures.
6. Provide training opportunities to LCMHAB members.

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### Specific Goals and Implementation Plan

#### A. Fulfill the Mandated Responsibilities and Core Purposes of the Mental Health Advisory Board

1. Review and evaluate the community's mental health needs, services, facilities, and special problems [5604.2 (a)(1)] Welfare & Institutions Code (WIC)
  - a. Create a comprehensive list of all mental and behavioral health programs, providers, and facilities available in Lake County or to Lake County Residents, when services are provided in other counties and jurisdictions. This list is to include Contact information of the program director or service provider(s), types of services provided, types of funding used, and contracted dollar amount (if contracted with Lake County Behavioral Health Services) for Fiscal year 2021-2022, and 2022-2023
  - b. Identify capacity, and utilization levels of the current programs and services in Lake County
  - c. Hold community forums which include service providers, and consumer, family member stakeholders, to identify barriers to utilization of available services, additional mental and behavioral health needs and special problems, in addition to feedback on the services currently being provided.
  - d. Review information provided in stakeholder meetings
  - e. Review available community data on any Lake County Behavioral Health Services
  - f. Have presentations by various agencies, contractors, and community groups
  - g. Review facilities and services through site visits and program reviews
  - h. LCMHAB members will be involved in selecting guest speakers and related activities needed to achieve the aforementioned goals. Specialized Work Groups will be established, if needed, to

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achieve these goals.

2. Review and comment on the county's performance outcome data and communicate its findings to the California Behavioral Health Planning Council (CBHPC) [5604.2 (a)(7)] WIC
  - a. The Lake County Mental Health Board will evaluate available local performance data provided by Lake County Behavioral Health Services and other community providers (Annual Data Notebook).
  - b. A Workgroup may be established for this purpose.
3. Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process [5604.2 (a)(4)] WIC
  - a. Hold public meetings and hearings.
  - b. Encourage community input at Board meetings.
  - c. Participate as partners with the Lake County Behavioral Health Services program in all aspects of community planning processes.
  - d. Members are encouraged to serve on health and human service committees, both internal and external to the Lake County Behavioral Health Services
4. Review any county agreement entered into pursuant to Section 5650 of the Welfare & Institutions Code (WIC)
  - a. Review contracts/programs prior to site visits.
  - b. Review of proposals for new programs, services, and facilities.
  - c. Monitor and review the budget process and allocation of funds.

#### **B. Maintain an active involved Mental Health Advisory Board.**

1. Maintain full MHAB membership that reflects the diversity of the populations served.
  - a. Achieve full MHAB membership that reflects the diversity of the populations served, including consumers, through recruitment efforts by MHB members, Board of Supervisors, and allied organizations and groups.
  - b. Track this membership by creation of an electronic spreadsheet roster, to ensure that this membership reflects the diversity of the populations served, including consumers.
  - c. Increase public attendance and comments at LCMHAB meetings, especially consumers and family members, by conducting outreach to all areas of Lake County and involving the local peer centers in regular monthly meetings.
2. Maintain a high attendance and participation at all MHAB meetings, including Management and other Committee meetings.
  - a. Maintain a high attendance and participation at all MHAB meetings, including Management and other Committee meetings, by encouraging attendance and participation, and by following up with members who are absent unexpectedly.
3. Maintain representation on appropriate local, regional, and state boards, committees, councils, etc., and regular reporting to the LCMHAB (for example: CALBHBC, QIC, MHSOAC, CBHPC etc).
  - a. The MHAB will encourage interested members to represent the LCMHAB in outside committees and groups. The most recent information received regarding appropriate committees and groups will be posted on the Monthly, LCMHAB meeting agendas.
  - b. Represent the MHAB at community outreach efforts and involvement in Mental Health Month (May), Heroes of Health and Safety Fair, and other activities, as may be appropriate. This will be accomplished by interested MHAB members who volunteer for these assignments.
4. Complete 100% of scheduled site visits.

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- a. The Executive Committee will select sites to be visited and will schedule with interested / available LCMHAB members, with the assistance of the Director of Lake County Behavioral Health Services.
- b. Written reports of site visits will be submitted to the Executive Committee for preliminary review, followed by a full presentation and open discussion with the entire LCMHAB and public at a regular meeting or a special meeting conducted for this purpose.
5. Create a comprehensive documentation file and process for all of the MHAB policies and procedures.
  - a. Complete (or create) a comprehensive documentation of all MHAB processes and procedures, including (but not limited to); by-laws, standing rules, formal practices and procedures, for future use and reference, and creating templates for this documentation where they do not yet exist.
6. Provide training opportunities to MHAB members.
  - a. All members to maintain currency on AB 1234 local officials ethics course
  - b. General Mental Health Board Training available at CALBHBC website
  - c. Additional Trainings available at <https://www.calbhbc.org/training.html>
  - d. Additional training opportunities will be provided as they become available.